

## Competency Based Framework

The purpose of this is to achieve competencies that will support success in adult life. The framework serves as guidance for the planning of tutorial schemes of work to support learners Personal Development, and is based on the assumption that most learners will progress after 2-3 years at The Bedford College Group. This framework includes mandatory core topics which must be covered during the student's time at the College.

	Competency	Skills	Gatsby Benchmark
1	Is aware of the terms <b>Prevent and Radicalisation</b> , and what they mean in a local and wider context. Understands how groups may seek to radicalise and who may be vulnerable. Understands how and where to report a concern.	Communicative Team-Player Independent Inquisitive Positive Resourceful Self-reliant Commitment Empathetic Self-aware Reflective Respectful Mindful	1,3,4,7,8
2	Can keep themselves <b>safe online</b> through an understanding of the risks attached to various types of online activity, including social media usage. Understands the implications of sharing information online and social media presence, online fraud and scams, grooming and why people may be vulnerable online.	Digital Communicative Team Player Motivated Independent Inquisitive Problem Solver Resourceful Self-reliant Empathetic Self-aware Reflective Mindful	1,3,4,7,8
3	Has an awareness of the law and risks around <b>explicit images</b> (nudes) and other elements of "sexting".	Motivated Independent Positive Self-reliant Commitment Empathetic Self-aware Reflective Respectful Mindful	3,4,7,8
4	Is aware of and can articulate all of the <b>Fundamental British Values</b> , including why	Communicative Independent	3,7,8

	democracy is important and accessible to them.	Inquisitive Positive Proactive Self-reliant Capability Self-aware Reflective Respectful Mindful	
5	Has a strong awareness of <b>Safeguarding</b> and how to report any concerns they have for themselves or others. Understands and can articulate what the local (contextual) and wider risks are and how to keep themselves safe. (Knowledge of county lines, child criminal and sexual exploitation, forced marriage and honour-based violence, FGM and InCel)	Positive Problem Solver Self-reliant Commitment Capability Empathetic Self-aware Reflective Respectful Mindful	1,3,4,7,8,
6	Is aware of how to access information and guidance to support the <b>next steps</b> , including UCAS support where appropriate, and is equipped with the career management tools needed to progress successfully.	Confident Motivated Independent Inquisitive Positive Proactive Business Minded Resourceful Adaptable Self-reliant Commitment Capability Perseverance Self-aware Reflective	1,2,3,4,7,8
7	Has knowledge and awareness of <b>mental health and wellbeing</b> , including self management tools and where to access support for themselves or others.	Communicative Motivated Inquisitive Positive Proactive Resourceful Capability Perseverance Empathetic Self-aware Reflective Respectful Mindful	1,3,4,7,8

8	Has knowledge and awareness of how to Maintain/improve <b>physical health</b> , including the benefits of healthy eating and being physically active, the risks of drugs and alcohol consumption and smoking. Understands how to access support for physical health.	Communicative Team Player Motivated Inquisitive Positive Proactive Problem Solver Resourceful Capability Empathetic Self-aware Reflective Respectful Mindful	1,3,4,7,8
9	Has awareness of and can articulate <b>equity, diversity and inclusion</b> , including knowledge of minority groups and celebration of cultures other than their own.	Communicative Team Player Motivated Proactive Problem Solver Self-reliant Commitment Perseverance Empathetic Self-aware Reflective Respectful Mindful	1,2,4,7,8,
10	Has a strong awareness of environmental issues and the importance of <b>sustainability</b> and is equipped to make positive choices.	Communicative Team Player Proactive Problem Solver Self-reliant Commitment Empathetic Self-aware Reflective Respectful Mindful	
11	Has a strong awareness of <b>consent and healthy relationships</b> , including friendships. Can identify what harassment, controlling behaviours, abuse and sexual or domestic violence may look like, and how to access help if they or someone they know is a victim of abuse.	Communicative Motivated Independent Positive Empathetic Self-aware Reflective Respectful Mindful	3,4,7,8

12	Understands how to keep themselves safe in terms of <b>sexual health and contraception</b> , including how to access information and services for both prevention and testing.	Communicative Motivated Independent Inquisitive Resourceful capability Perseverance Empathetic Self-aware Reflective Respectful Mindful	3,4,7,8
13	Understands the breadth of relationships, for example, LGBTQIA, which are equally valid	Communicative Motivated Independent Inquisitive Resourceful capability Empathetic Self-aware Reflective Respectful Mindful	3,4,7,8